# Recovery Specialist

Family Dependency Treatment Court

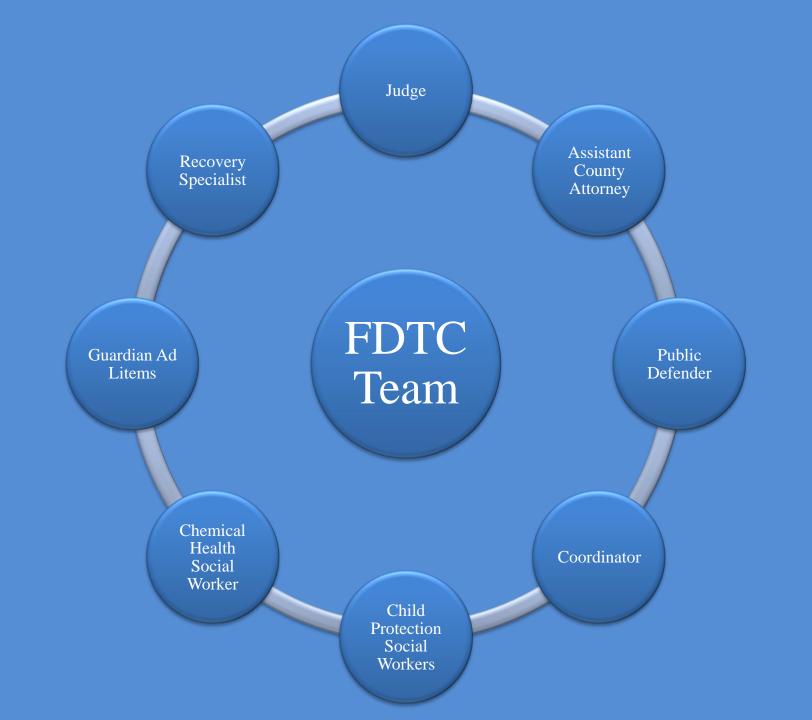
Dakota County, Minnesota

# **Purpose of Family Drug Court**

To create an opportunity for children to be safe and nurtured by a parent free from substances

To expedite the time interval to get parents into treatment before losing them to their addictions

To keep the family engaged in treatment long enough to receive treatment benefits



# **Funding of the Recovery Specialist position**



07/01/08 – 12/31/09

#### Extension of above grant

• 01/01/10 – 12/31/10

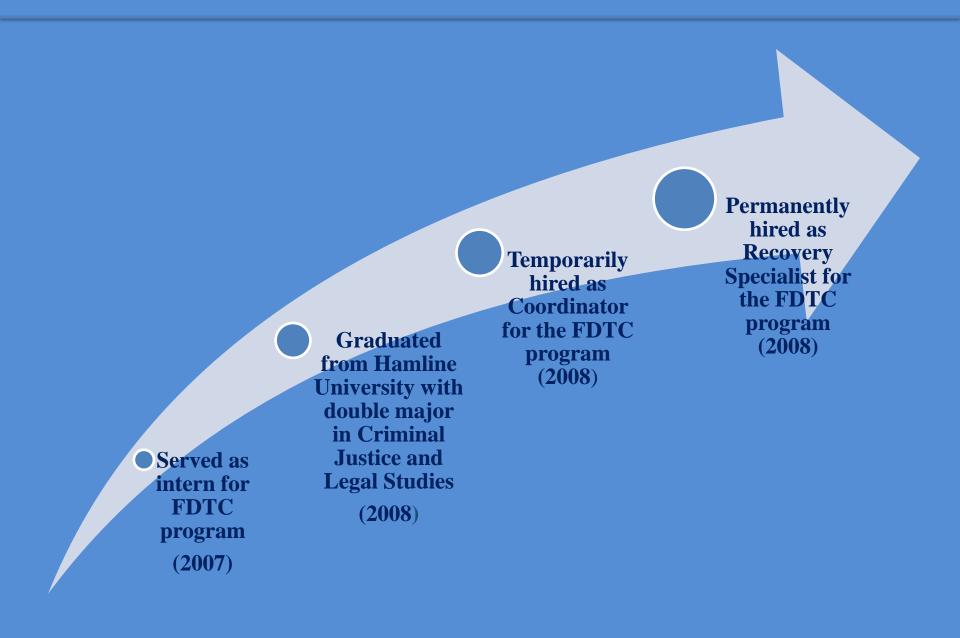
## JAG Recovery

01/01/11 – 12/31/11

## JAG Funding

• \$01/01/12 - 12/31/12

#### Who am I?



## Responsibilities of the Recovery Specialist

Manage a caseload of parents with substance abuse problems by supporting recovery and facilitating relapse prevention under general direction of Social Workers.



Collaborate and participate with social workers and FDTC team to implement service planning designed to stabilize families, address substance abuse and child safety/developmental needs.



Prepare reports/updates on treatment progress, challenges and barriers.



Assist participants in scheduling and maintaining appointments related to their sobriety.



Monitor participant sobriety by conducting observed drug testing and assessing for behavior changes.



Collaborate with service providers regarding successful use of services and barriers to service access.



Monitor and assist with client participation in recovery supports, mentor and coach clients on relapse risks and use of relapse prevention plan.



Manage and maintain client drug testing and information records.



Research and compile information from a variety of sources and prepare and reports on various programs.

## What clients appreciate about the position









Eliminate barriers in treatment access

Assistance in finding sober community support

Accountability
to their
sobriety by
administering
frequent drug
tests

Help develop useful Relapse Prevention Plans

#### **Enhancement of the Position**

# Alumni Support Group

- Collaborate with past graduates to create an alumnidriven support group; this will assist in building a DCFDTC network of alumni who remain committed and passionate about their sobriety
- Offer educational events and sober activities for alumni to attend

## Alumni Caseload

- Facilitate continued access to resources and services
- Provide additional accountability between clients and their sobriety
- Ease the transition out of the FDTC program